

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Weekly Fitness Schedule</p> <p>9am-1pm on Sunday Table Tennis-RSF</p> <p>2pm-4pm on Sunday Water Volleyball (Open Play)-RSF</p>	<p>8am Group Barbell-PA</p> <p>8am Tabata H2O-RSF</p> <p>8am Total Body Toning Exercise-RSF</p> <p>9am Athletic Conditioning-RSF</p> <p>9am Breathe, Stretch & Relax-PA</p> <p>9am Splash + Tone-RSF</p> <p>10am Zumba Step-PA</p> <p>10am H.I.I.T. Cardio Body Blast-RSF</p> <p>11am Fit Factory-PA</p> <p>11am Self Defense Class-RSF</p> <p>12pm Balls & Bands-PA</p> <p>12pm Drums Alive-RSF</p> <p>12pm Joint Relief (Aqua)-RSF</p> <p>1pm Open Lap Swimming-RSF</p> <p>1pm Zumba-RSF</p> <p>1pm Zumba-PA</p> <p>4pm Yoga Stretch-PA</p> <p>4:15pm Gentle Chair Yoga-RSF</p> <p>5:15pm Fit Body Circuit-PA</p> <p>6pm Evening Yoga-RSF</p> <p>6:30pm-8:30pm Water Volleyball (League Play)-RSF</p>	<p>8am Express Total Body Sculpt-RSF</p> <p>8am TRX-PA</p> <p>8am Walk + Tone (Track)-RSF</p> <p>9am Body Sculpt-PA</p> <p>9am Body Sculpting-RSF</p> <p>9am Splash + Tone-RSF</p> <p>10am Barre-RSF</p> <p>10am Zumba Combo-PA</p> <p>11am Low Impact Aerobics-PA</p> <p>11am Open Lap Swimming-RSF</p> <p>11am Pilates-RSF</p> <p>12pm Cardio Ballroom-PA</p> <p>12pm Intermediate Line Dance-RSF</p> <p>1pm Advanced Line Dance-RSF</p> <p>1pm Drums Alive Powerbeats-PA</p> <p>2pm Balance Training-RSF</p> <p>2pm & 3pm Tai Chi-PA</p> <p>4pm Table Tennis-RSF</p> <p>4pm Vinyasa Flow Yoga-PA</p> <p>6:30pm-8:30pm Water Volleyball (League Play)-RSF</p>	<p>8am Body Sculpting-PA</p> <p>8am Aqua Zumba-RSF</p> <p>9am Everybody Steps-PA</p> <p>9am Breathe, Stretch & Relax-RSF</p> <p>10am Core + More-PA</p> <p>10am Zumba Gold Toning-RSF</p> <p>11am Balls & Bands-RSF</p> <p>11am Beginner Balance Training-PA</p> <p>12pm Belly Dancing-RSF</p> <p>12pm Joint Relief (Aqua)-RSF</p> <p>1pm Zumba-PA</p> <p>1pm Zumba-RSF</p> <p>1pm Open Lap Swimming-RSF</p> <p>2pm Fit Body Circuit-PA</p> <p>3pm Qi Gong-PA</p> <p>5pm Muscle Conditioning-RSF (Gym)</p> <p>6:30pm-8:30pm Water Volleyball (League Play)-RSF</p>	<p>8am TRX-PA</p> <p>8am Total Body Conditioning-RSF</p> <p>8am Walk + Tone (Track)-RSF</p> <p>9am Boot Camp-PA</p> <p>9am Splash + Tone-RSF</p> <p>9am Breathe, Stretch & Relax-RSF</p> <p>10am Yogabead-PA</p> <p>11am Fit Factory-PA</p> <p>11am Gentle Joints (Land Based)-RSF</p> <p>11am Open Lap Swimming-RSF</p> <p>12pm Beginner Line Dance-PA</p> <p>12pm Self Defense Class-RSF</p> <p>1pm Balance Training-RSF</p> <p>2pm Ballroom Dance (Beginners)-PA</p> <p>3pm Ballroom Dance (Intermediate)-PA</p> <p>4pm Table Tennis-RSF</p> <p>6:30pm-8:30pm Water Volleyball (League Play)-RSF</p>	<p>8am Body Sculpting-RSF</p> <p>8am Yoga-PA</p> <p>9am Cardio Kickboxing-PA</p> <p>9am Splash + Tone-RSF</p> <p>10am Zumba Gold Toning-RSF</p> <p>11am Everybody Steps-RSF</p> <p>12pm Drums Alive-RSF</p> <p>12pm Muscle Ignite-PA</p> <p>1pm Joint Relief (Aqua)-RSF</p> <p>1pm Zumba-PA</p> <p>1pm Zumba-RSF</p> <p>4pm Table Tennis-RSF</p>	<p>8am Aqua Craze-RSF</p> <p>8am Yoga Flow-RSF</p> <p>9am Barre & Pilates Fusion-RSF</p> <p>9am Body Alive-PA</p> <p>11am Tai Chi-(Wimbledon Pavilion)</p> <p>2pm-4pm Water Volleyball (League Play)-RSF</p>

Fitness Center Hours

The Palms Fitness
Monday-Thursday 6:30am-9pm
Friday 6:30am-7pm
Saturday-Sunday 7am-7pm

Riviera Spa & Fitness
Monday-Thursday 6:30am-9pm
Friday 6:30am-7pm
Saturday-Sunday 7am-7pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Village Center Hours</p> <p>Waterfront Galleries (Library, Billiard, Ceramic, Computer & Art Galleries) Sunday-Saturday 8am-11pm</p> <p>Starlite Ballroom Sunday-Saturday 8am-11pm</p> <p>The Palms Amenity Center Sunday-Saturday 8am-9pm</p>			<p>1</p> <p>July Reflections Submissions Due</p> <p>9am Activities Online Ticket Sales-SolivitaHOA.com</p> <p>9am Sol. Shuffleboard-FP</p> <p>10am-12pm Clubs' Main Ticket Sales-MO</p> <p>10am Wellness Event: <i>Legal Help</i> with Wilson Advocacy Group-RSF2</p> <p>10am Sculpture-CR</p> <p>10am Yarners-MSB</p> <p>11am-1pm Curbside Cuisine-FP</p> <p>1pm Game Dames: Mexican Train-MSB</p> <p>2pm Wellness Event: <i>Social Security, Medicare & Retirement Planning</i> with Insurance Professionals-RSF2</p> <p>6:30pm-8:30pm Wine Down Concert on the Chess Lawn: <i>Mitch Smallwood & The Island Express-Outside GR</i></p>	<p>2</p> <p>9am Sculpture-CR</p> <p>10am Sol. Bible Study Group-RSF2</p> <p>4pm-8pm Mosaics Special Nights: Mosaics Dining-MO</p> <p>4pm Sol. Billiards-BL</p> <p>6pm Bid Whist with a Twist-MSB</p> <p>6pm Pinochle-MSB</p> <p>6pm Smashers Pickleball Newbie Class-PA Courts</p>	<p>3</p> <p>9am Mixed-Media Artworks-CR</p> <p>10:30am-3pm Farmer's Market-FP</p> <p>12pm Oh Scrap!-CR</p> <p>1pm Open Bridge Practice-RSF2</p> <p>4pm-8pm Mosaics Special Nights: Mosaics Dining-MO</p>	<p>4</p> <p>9am Sol. Shuffleboard-FP</p> <p>12pm Beginners Calligraphy Class-MG</p> <p>12pm CCFA Poker-MSA</p> <p>4pm-8pm Mosaics Special Nights: Mosaics Dining-MO</p>
<p>5</p> <p>10:30am Disney Cast Members Meeting-PA</p> <p>1:30pm Solivita Dancing Diehards-RSF</p> <p>3pm Forever Young: Live Music-RSF2</p> <p>4pm Sol. Squares-PA</p> <p>6pm Cribbage Club-GTR</p>	<p>6</p> <p>9am Sculpture-CR</p> <p>9am Sol. Shuffleboard-FP</p> <p>10am SOL Writers-RSF2</p> <p>10:30am-3pm Farmer's Market-FP</p> <p>12:30pm ECWC Bible Study-LV</p> <p>1pm Acrylic Painting-AR</p> <p>1pm Game Dames: Rummikub-CR</p> <p>1pm Phoneography Class-MO</p> <p>4pm Sol. Billiards-BL</p> <p>7pm Mosaics Special Nights: Trivia-MO</p>	<p>7</p> <p>8:30am The Birders-MSB</p> <p>9am Ceramics-CR</p> <p>10am Solivita Dragon Boat Paddle Clinic-By Deck Boxes</p> <p>10am TOPS in Sol.-MSB</p> <p>10am Watercolor-AR</p> <p>1:30pm Bunco-RSF2</p> <p>4pm Sol. Billiards-BL</p> <p>5pm SoulaVita Line Dancers-PA</p> <p>6pm-9pm Mosaics Special Nights: Karaoke-MO</p>	<p>8</p> <p>9am Sol. Shuffleboard-FP</p> <p>10am Sculpture-CR</p> <p>10am Wellness Event: <i>Multifocal IOL's with Medical Eye Associates-RSF2</i></p> <p>10am Yarners-MSB</p> <p>11am-1pm Curbside Cuisine-FP</p> <p>1pm Game Dames: Mexican Train-MSB</p> <p>3:30pm All Occasion Card Making Class-CR</p> <p>7pm Sol. Democratic-ST</p>	<p>9</p> <p>9am Sculpture-CR</p> <p>10am Sol. Bible Study Group-RSF2</p> <p>4pm-8pm Mosaics Special Nights: Mosaics Dining-MO</p> <p>4pm Sol. Billiards-BL</p> <p>6pm Pinochle-MSB</p> <p>6pm Smashers Pickleball Newbie Class-PA Courts</p>	<p>10</p> <p>9am Mixed-Media Artworks-CR</p> <p>10:30am-3pm Farmer's Market-FP</p> <p>12pm Oh Scrap!-CR</p> <p>1pm Open Bridge Practice-RSF2</p> <p>4pm-8pm Mosaics Special Nights: Mosaics Dining-MO</p> <p>6pm Ladies Fire Hot Night-ST</p>	<p>11</p> <p>9am Sol. Shuffleboard-FP</p> <p>12pm Beginners Calligraphy Class-MG</p> <p>12pm CCFA Poker-MSA</p> <p>4pm-8pm Mosaics Special Nights: Mosaics Dining-MO</p>
<p>12</p> <p>1:30pm Solivita Dancing Diehards-RSF</p> <p>3pm Forever Young: Live Music-RSF2</p> <p>4pm Sol. Squares-PA</p> <p>6pm Cribbage Club-GTR</p>	<p>13</p> <p>9am Sculpture-CR</p> <p>9am Sol. Shuffleboard-FP</p> <p>10am Sol. Artisan Guild-AR</p> <p>10:30am-3pm Farmer's Market-FP</p> <p>12:30pm ECWC Bible Study-LV</p> <p>1pm Acrylic Painting-AR</p> <p>1pm Game Dames: Rummikub-CR</p> <p>4pm Sol. Billiards-BL</p> <p>7pm Mosaics Special Nights: Trivia-MO</p>	<p>14</p> <p>Flag Day</p> <p>9am Ceramics-CR</p> <p>10am TOPS in Sol.-MSB</p> <p>10am Watercolor-AR</p> <p>12:15pm CAP-RSF2</p> <p>3pm Holistic Horizons-MSB</p> <p>4pm Seniors for Safe Schools & Communities-RSF2</p> <p>4pm Sol. Billiards-BL</p> <p>5pm SoulaVita Line Dancers-PA</p> <p>6pm-9pm Mosaics Special Nights: Karaoke-MO</p> <p>6:30pm British Isles Heritage Club-RSF2</p> <p>7pm Solivita Fishing-MSB</p>	<p>15</p> <p>9am Sol. Shuffleboard-FP</p> <p>10am Sculpture-CR</p> <p>10am Wellness Event: <i>Ask a Pharmacist with Poinciana Medical Center-RSF2</i></p> <p>10am Yarners-MSB</p> <p>11am-1pm Curbside Cuisine-FP</p> <p>1pm Game Dames: Mexican Train-MSB</p> <p>7:30pm Game Show Olympics-ST</p>	<p>16</p> <p>9am Sculpture-CR</p> <p>10am Sol. Bible Study Group-RSF2</p> <p>4pm-8pm Mosaics Special Nights: Mosaics Dining-MO</p> <p>4pm Sol. Billiards-BL</p> <p>6pm Bid Whist with a Twist-MSB</p> <p>6pm Pinochle-MSB</p> <p>6pm Smashers Pickleball Newbie Class-PA Courts</p>	<p>17</p> <p>9am Mixed-Media Art-CR</p> <p>10:30am-3pm Farmer's Market-FP</p> <p>12pm Oh Scrap!-CR</p> <p>1pm Open Bridge Practice-RSF2</p> <p>4pm-8pm Mosaics Special Nights: Mosaics Dining-MO</p>	<p>18</p> <p>9am Sol. Shuffleboard-FP</p> <p>12pm Beginners Calligraphy Class-MG</p> <p>12pm CCFA Poker-MSA</p> <p>4pm-8pm Mosaics Special Nights: Mosaics Dining-MO</p>
<p>19</p> <p>Father's Day</p> <p>1:30pm Solivita Dancing Diehards-RSF</p> <p>3pm Forever Young: Live Music-RSF2</p> <p>4pm Sol. Squares-PA</p> <p>6pm Big Money Bingo-ST</p> <p>6pm Cribbage Club-GTR</p>	<p>20</p> <p>9am Sculpture-CR</p> <p>9am Sol. Shuffleboard-FP</p> <p>10am SOL Writers-RSF2</p> <p>10:30am-3pm Farmers Market-FP</p> <p>12:30pm ECWC Bible Study-LV</p> <p>1pm Acrylic Painting-AR</p> <p>1pm Game Dames: Rummikub-CR</p> <p>4pm Sol. Billiards-BL</p> <p>5pm Solivita Wildlife Advocates-PA</p> <p>7pm Mosaics Special Nights: Trivia-MO</p>	<p>21</p> <p>Summer Solstice</p> <p>9am Ceramics-CR</p> <p>10am TOPS in Solivita-MSB</p> <p>10am Watercolor-AR</p> <p>1:30pm Bunco-RSF2</p> <p>4pm Sol. Billiards-BL</p> <p>5pm SoulaVita Line Dancers-PA</p> <p>6pm-9pm Mosaics Special Nights: Karaoke-MO</p>	<p>22</p> <p>9am Sol. Shuffleboard-FP</p> <p>10am-12pm Sam's Club Membership Sign-Up-ST Hallway</p> <p>10am Sculpture-CR</p> <p>10am Yarners-MSB</p> <p>11am-1pm Curbside Cuisine-FP</p> <p>1pm Game Dames: Mexican Train-MSB</p> <p>2pm Wellness Event: <i>Preventative Care</i> with Walmart Health-RSF2</p> <p>6:30pm All Occasion Card Making Class-CR</p>	<p>23</p> <p>9am Sculpture-CR</p> <p>10am Sol. Bible Study Group-RSF2</p> <p>4pm-8pm Mosaics Special Nights: Mosaics Dining-MO</p> <p>4pm Sol. Billiards-BL</p> <p>6pm Pinochle-MSB</p>	<p>24</p> <p>Freedom Park Recreation Events are to Halt Play from 5:30pm-11pm</p> <p>9am Floralawn Coffee Talk-MO</p> <p>9am Mixed-Media Art-CR</p> <p>10:30am-3pm Farmer's Market-FP</p> <p>12pm Oh Scrap!-CR</p> <p>1pm Open Bridge Practice-RSF2</p> <p>4pm-8pm Mosaics Special Nights: Mosaics Dining-MO</p> <p>7:30pm Howl at the Moon Dueling Pianos-FP Parking Lot</p>	<p>25</p> <p>9am Sol. Shuffleboard-FP</p> <p>12pm Beginners Calligraphy Class-MG</p> <p>12pm CCFA Poker-MSA</p> <p>4pm-8pm Mosaics Special Nights: Mosaics Dining-MO</p>
<p>26</p> <p>1:30pm Solivita Dancing Diehards-RSF</p> <p>3pm Forever Young: Live Music-RSF2</p> <p>4pm Sol. Squares-PA</p> <p>6pm Cribbage Club-GTR</p>	<p>27</p> <p>9am Sculpture-CR</p> <p>9am Sol. Shuffleboard-FP</p> <p>10:30am-3pm Farmer's Market-FP</p> <p>12:30pm ECWC Bible Study-LV</p> <p>1pm Acrylic Painting-AR</p> <p>1pm Game Dames: Rummikub-CR</p> <p>2pm CERT-ST</p> <p>4pm Sol. Billiards-BL</p> <p>7pm Mosaics Special Nights: Trivia-MO</p>	<p>28</p> <p>9am Ceramics-CR</p> <p>10am TOPS in Solivita-MSB</p> <p>10am Watercolor-AR</p> <p>3pm Holistic Horizons-MSB</p> <p>4pm Sol. Billiards-BL</p> <p>5pm SoulaVita Line Dancers-PA</p> <p>6pm-9pm Mosaics Special Nights: Karaoke-MO</p>	<p>29</p> <p>8am-4pm Wellness Event: <i>Stroke Screens with Prevention Plus-RSF2</i></p> <p>9am Sol. Shuffleboard-FP</p> <p>10am Sculpture-CR</p> <p>10am Yarners-MSB</p> <p>11am-1pm Curbside Cuisine-FP</p> <p>1pm Game Dames: Mexican Train-MSB</p>	<p>30</p> <p>Artisan & Craft Vendor Applications Due for Fall Arts & Crafts Festival</p> <p>9am Sculpture-CR</p> <p>10am Sol. Bible Study Group-RSF2</p> <p>4pm-8pm Mosaics Special Nights: Mosaics Dining-MO</p> <p>4pm Sol. Billiards-BL</p> <p>6pm Pinochle-MSB</p> <p>7pm Movie Night: <i>Don't Look Up-ST</i></p>	<p>Room Legend</p> <p>AR Art Gallery</p> <p>BL Billiards Gallery</p> <p>BV Bella Viana Amenity Center</p> <p>CP Cooperstown Pavilion</p> <p>CR Ceramics Gallery</p> <p>FP Freedom Park</p> <p>GR The Grille at Stonegate</p> <p>GTR Gator Room</p> <p>LB Library</p> <p>LV Lago Vista Amenity Ctr</p> <p>MB Marketplace Bistro</p> <p>MG Magnolia Room</p> <p>MO Mosaics</p> <p>MSA Mediterranean Skyline, Aegean Room</p>	<p>Room Legend cont.</p> <p>MSB Mediterranean Skyline, Baltic Room</p> <p>MSC Mediterranean Skyline, Caspian Room</p> <p>PA The Palms Amenity Ctr</p> <p>RSF Riviera Spa & Fitness Center</p> <p>RSF2 Riviera Spa & Fitness Center Second Floor Classroom</p> <p>SGC Stonegate Golf Club</p> <p>ST Starlite Ballroom</p> <p>STA Starlite Ballroom A</p> <p>STB Starlite Ballroom B</p> <p>STC Starlite Ballroom C</p> <p>VZ Venezia Amenity Ctr</p> <p>WP Wimbledon Pavilion</p>